

Rocky Mountain Chapter American College of Sports Medicine Quarterly Newsletter

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SPRING 2011

SPECIAL POINTS OF INTEREST

Winter Meeting Report

Board Members

Pictures of 2011 Winter Meeting

Thanks to Outgoing Board Members

ACSM Annual Meeting

Professional Opportunity

For more information about RMACSM, please go to the website at www.RMACSM.org

2011 Winter Regional Meeting

A successful 2011 Winter meeting was held on February 25-26, 2011 at the Hilton Hotel in Ft Collins, Colorado. 122 people attended all or part of the conference even though the weather made travel somewhat challenging for those who had to come from out of town.

There was a record number of student abstracts submitted and one of the hardest parts of

planning the meeting was finding a sufficient number of easels for the presentations and enough judges to review all of the submissions.

Overall evaluations of the location and the program were very good. There were a few opportunities to improve and the board will keep those suggestions in mind when planning the 2012 meeting. There were many positive comments

about the location and being able to stay in the same facility where the meeting was held.

Everyone who attended should have received a certificate via e-mail from Rose Steen—RMACSM Executive Director. If you did not, please contact her at rjsteen2009@gmail.com and request the certificate be mailed to you.

Board Members

Ray Browning—President
ray.browning@colostate.edu

Peter Hoth—Past President
canoeguide03@yahoo.com

Scott Drum—President-Elect
sdrum@western.edu

Tim Behrens—Sec/Treasurer
tbehrens@uccs.edu

Sue Carter—Front Range Rep
sdcarter7@att.net

!New! Dave Hydock—Front Range Rep

David.hydock@unco.edu

!New! Ben Thompson—Metro Rep
bthomp50@mscd.edu

Wyoming Rep—position still open

Tracey Robinson—Southwest Rep
tlobins@adams.edu

!New! Nicole Strom—Student Rep
nstrom1@uwyo.edu

Tod Sweeney—Rep to National
Alyntod97@yahoo.com

Rose Steen—Executive Director
rjsteen2009@gmail.com

Pictures from 2011 RMACSM Winter Meeting



← Poster Presentation Winners

College Bowl Winners ↓



Dave Bassett Program ↑



Thank You to Outgoing Board Members

The winter meeting is the time when new board members are welcomed and those whose terms have expired are relieved of their responsibilities.

Organizations like RMACSM only function well when there is good leadership in place. The current board would like to say thanks to the following members who have completed their terms on the board. Erik Giphart completed his term as past president this year. Andrew Subudhi completed his term as Front Range representative and Elise Donovan completed her term as student representative.

Thanks to the three of you for your years of service to RMACSM and the many ways you have helped to make this an effective organization.



Loren Cordain and Ray Browning ↑



**Rocky Mountain Chapter
American College of Sports
Medicine**

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**Please contact me if you have ideas for
articles in future Newsletters.**

Professional Opportunity

Vacancy Announcement at Adams State College: Assistant Professor—Department of Human Performance and Physical Education Position #FE1101

Starting Date: August 17, 2011

Qualifications:

- Doctoral degree in exercise science, exercise physiology, kinesiology, or closely related discipline. ABD considered if completion of degree is anticipated within one year
- Ability to perform position description
- For complete job description, please go to the www.acsm.org website—click on Career Planning/Job Services—then click on the Health Professionals tab.
- Applications received before May 13, 2011 will be considered

Adams State College is located in Alamosa, Colorado—approximately 3.5 hours from Denver. Additional information about Alamosa can be found at www.alamosa.org

ACSM Annual Meeting—Denver, Colorado

Make plans now to attend the World Congress on Exercise is Medicine held in conjunction with ACSM's 58th Annual Meeting to be held at the Hyatt Regency Denver at the Colorado Convention Center.

Some dates to keep in mind:

Convention Dates: May 31-June 4, 2011

Early Registration Deadline: March 9, 2011—this date has passed

Housing Deadline: April 28, 2011

For a complete brochure of the many and varied topics to be presented, go to:
www.acsmannualmeeting.org and

click on the “See the preview” button.

Exercise is Medicine is an initiative focused on encouraging primary care physicians and other health care providers to include exercise when designing treatment plans for patients.

Exercise is Medicine is committed to the belief that exercise and physical activity are integral to the prevention and treatment of diseases and should be regularly assessed as part of all medical care.

The inaugural World Congress on Exercise is Medicine, first held in June 2010, served as an interna-

tional forum to address the science, practice and policy aspects of the impact physical activity has on disease prevention and health promotion.

This year, learn about what international colleagues have done to begin implementing Exercise is Medicine in countries across the globe. The second world congress will discuss the development of the global initiative, and how you can be involved.

28.5 hours of educational credit (CME/CEC/CEU) will be offered.