

RMACSM Cup Challenge Release of Liability Waiver

I exercise my own free and voluntary choice to participate in the RMACSM Cup Challenge, including use of the public recreational space of the Manitou Incline, Manitou Springs, CO. I understand that participating in a physical activity challenge is a potentially hazardous activity. I should not enter the event unless I am medically able to do so and have been properly trained. I assume all risks associated with hiking/walking in this event, including, but not limited to: falls, contact with other participants, the effect of altitude and weather, and course conditions, and all such risks being known and understood by me. **I agree to assume all risk of personal injury or loss, bodily injury (including death), damage to or loss of, or destruction of any personal property resulting from or arising out of participation in the designated activity. I also release, waive, indemnify, hold harmless, and discharge Rocky Mountain ACSM (RMACSM) and all of its sponsors and representatives, including volunteers, and employees of any of the aforementioned, from all claims, damages, and injuries arising out of my activities, including my use of equipment, supplies and facilities provided by the RMACSM.** I am aware that volunteers (whom may be called upon to provide assistance) will provide medical support at the event, including first aid to me during this event if needed. I authorize any such volunteer to assist me or perform such assistance if deemed appropriate. RMACSM does not provide health insurance for individuals participating in activities made available or sponsored by RMACSM. As such, you or your personal health insurance will be responsible for payment of medical services and care for any injuries sustained during the designated activity.

By signing, I hereby certify that I have read, understand and agree to the provisions above.

Print Name: _____

Signature: _____ Date: _____

Parent/Guardian (for minor): _____