

President Elect—Laura Stewart, PhD



Dr Stewart moved to the Rocky Mountain region last year after close to 7 years at Louisiana State University-Baton Rouge. She has a PhD from Purdue University in the interdepartmental program in nutrition and exercise physiology and a postdoc in adipocyte signaling and botanicals from Pennington Biomedical Research Center. Her primary research focus is centered on using nutritional interventions to improve the health of cancer survivors. Teaching and mentoring both undergraduate and graduate students in research and classroom environments is my passion. Outside of traditional exercise science class instruction, she has created classes which bring marathon and triathlon experiences to students as well as taught wellness-based study abroad programs in Italy, Australia and New Zealand. She has been serving university communities for the past 10 years and has been an active member of ACSM for 12 years.