



# ***How to Become an ACSM Fellow***

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# What's with those letters?

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# FACSM

# Objectives of Fellowship

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- Recognizes distinguished professional achievement in research and/or service in exercise science and sports medicine
- Recognizes distinguished service to ACSM
- Encourages continued leadership service to the College
- *NOT* personal gratification or enhancement

# Requirements for Fellowship

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- High standards of professional development
- Commitment to the goals and long-range activities of the College
- A terminal degree (doctorate) in a field of medicine, health, exercise science or related field
- Completed at least 3 consecutive years of Professional membership of the College at the time of application

# Requirements for Fellowship

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- **Attend at least two ACSM Annual Meetings of the College within the past five years**
- **Recommendation letters from 2 current Fellows of the College**
- **Approval by the Credentials Committee and the Board of Trustees**

# Requirements for Fellowship

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Curriculum vitae demonstrating that applicant has fulfilled at least one of the following:

A. Service Pathway

OR

B. Research Pathway

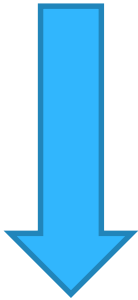
OR

C. Exceptional Service Pathway

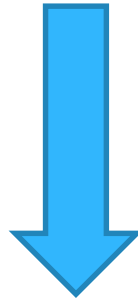
# Pathways to Fellowship

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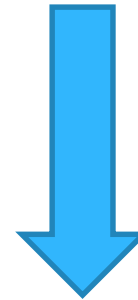
## 3 DIFFERENT OPTIONS



**RESEARCH**



**SERVICE**



**EXCEPTIONAL SERVICE**

# Research Pathway

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- List of all professional publications on CV
- Copies of four 1<sup>st</sup>-author publications that best represent your work (peer reviewed, indexed journals)
- Minimum of 4 points of service to ACSM from application FORM A – Section I (Completion of Section II is optional for research pathway. However, it is recommended to document any points earned)
- Description of goals for fellowship and future service aspirations



# Service Pathways

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- **Description of professional practice involving sports medicine (Clinical applicants only)**
- **Demonstration and description of service to sports medicine and exercise science community**
- **Minimum of 4 points of service to ACSM (Section I) and minimum 10 points of general service (Section II) from application FORM A**
- **Minimum of 14 points TOTAL on FORM A (Section I and II combined)**
- **Description of goals for fellowship and future service aspirations**

# Exceptional Service Pathway

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- Individuals who do not have the opportunity to give significant service to ACSM itself (eg. International members) but whose service to the sports medicine and exercise science community is considered especially noteworthy
- No minimum number of points specified. However, applicants are encouraged to list any applicable points.
- Detailed narrative explaining exceptional service required

# Requirements for Fellowship

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**Meeting the minimum requirements  
does not guarantee advancement to  
Fellow status.....**

**it only guarantees that your application  
will be reviewed.**

# ACSM Service

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- **Section I of Application Form A  
(Provide documentation)**
- **Applicants applying via the *Research Pathway* AND applying via the *Service Pathway* MUST have at least 4 points showcasing ACSM Service**

# ACSM Service

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## Committee work:

- A. Full term of service (at least 2 yrs) on an ACSM National Committee (2 points)
- B. Full term of service (at least 2 yrs) on an Exercise is Medicine Committee (2 points)
- C. Full term of service on an ACSM Regional Chapter Board or as an Officer (2 points)
- D. Full term of service on a committee of an ACSM Regional Chapter (2 points)

# ACSM Service

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## Certification:

- A. Certification director for an ACSM Certification examination (1 point – 2 points if served more than once)
- B. Workshop director for an ACSM Certification workshop (1 point – 2 points if served more than once)
- C. Examiner at an ACSM Certification examination (1 point- 2 points if served more than once)

# ACSM Service

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## Professional Presentations:

- A. ACSM Team Physician Course (1 point – 2 points if presented at more than one ACSM Team Physician<sub>SM</sub> Course)
- B. ACSM Advanced Team Physician Course (1 point – 2 Points if presented at more than one ACSM Team Physician<sub>SM</sub> Course)
- C. ACSM'S Health and Fitness Summit and Exposition (1 point – 2 points if presented at more than one ACSM'S Health and fitness Summit and Exposition)

# ACSM Service

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## Professional Presentations:

- D. ACSM Regional Chapter meeting (1 point – 2 points if presented at more than one Regional Chapter Meeting)**
- E. ACSM Annual Meeting (1 point- 2 points if presented at more then one ACSM Annual Meeting)**
- F. ACSM Roundtable event (1 point – 2 points if presented at more than one ACSM Roundtable)**



# ACSM Service

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## Professional Presentations:

- G. Any other ACSM clinical conference (1 point – 2 points if more than one of these types of conference)
- H. Any jointly-sponsored ACSM conference (1 point – 2 points if presented at more than one of this type of conference)

# ACSM Service

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## Network Programs:

- A. ACSM Member-Get-A-Member Campaign recruiter for at least two years (1 point)
- B. ACSM Media Referral Network volunteer for at least two years (1 point)
- C. Chair or Co-Chair for an ACSM Interest Group for at least one year (1 point)

# ACSM Service

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## Network Programs:

- D. Accreditation site visitor for the CAAHEP Committee for Accreditation of Exercise Science (1 point – 2 points if served two or more sites)**
- E. State Coordinator for a Demonstration Center School for at least one year (1 point – 2 points if served two or more sites)**

# ACSM Service

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## Publications and Reviewers:

- A. **Medicine & Science in Sports & Exercise<sup>®</sup> at least two reviews (2 points)**
- B. **Exercise and Sports Sciences Reviews at least two reviews (2 points)**
- C. **Current Sports Medicine Reports at least four reviews (2 points)**
- D. **ACSM's Health & Fitness Journal<sup>®</sup> at least two reviews (2 points)**

# ACSM Service

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## Publications and Reviewers:

- E. Associate editor for Medicine & Science Sports & Exercise® (2 points)
- F. Editorial board of ACSM's Health & Fitness Journal® (2 points)
- G. Abstract reviewer for ACSM Annual Meeting (1 point- 2 points if served more than once)
- H. Newsletter editor for ACSM's Regional Chapter News (1 point)

# ACSM Service

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## Publications and Reviewers:

- I. Writing group for any ACSM book or pronouncement (2 points)
- J. Published ACSM Current Comment (1 point)
- K. Co-editor for ACSM's Certified News (2 points)
- L. Editorial board for ACSM's Certified News (2 points)
- M. Wrote an article for ACSM's Certified News (2 points)
- N. Reviewer for an ACSM Position Stand (1 point – 2 points if more than once)

# ACSM Service

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## Publications and Reviewers:

- O. Chair /discussant for the ACSM Annual Meeting if free communications /slide, free, communication/ thematic poster of clinical case sessions (1 point – 2 points if more than once)
- P. Reviewed 2 chapters in an ACSM book or ACSM endorsed book (1 point – 2 points if 3 or more chapters)

# Service to the Field

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- **Section II of Application Form A  
(Provide documentation)**
- **OPTIONAL for applicants applying via the  
*Research Pathway***
- **Applicants applying via the *Service Pathway* MUST have at least 10 points showcasing service to the field**



# Service to the Field

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## Professional Presentations:

- A. International exercise science or sports medicine meeting (1 point – 2 points if presented more than one talk – must be distinct presentations)
- B. National exercise science or sports medicine meeting (1 point – 2 points if presented more than once talk – must be distinct presentations)

# Service to the Field

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## Committee Work:

- A. Full, normal term of service on the standing committee of a national or international exercise science or sports medicine association (1 point -2 points if served on more than one committee)
- B. Full, normal term of service on the Board of Trustees (Directors) of a national or international exercise science or sports medicine association (2 points)

# Service to the Field

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## Publications and Reviewers:

- A. Book on an exercise science or sports medicine topic (4 points)
- B. First-author paper on an exercise science or sports medicine topic in a peer – reviewed journal of national or international scope (2-4 points- for two or more distinct papers)
- C. First-author article on exercise science or sports medicine in a lay publication of national or international scope (1 point per article- max 4 points)

# Service to the Field

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## Publications and Reviewers:

- D. First-author chapter in a published book on an exercise science or sports medicine topic including publications in your native country (1 point – 2 points if more than one chapter)**
- E. Reviewer for a national or international scope peer- reviewed journal focused on exercise science or sports medicine for at least two years ( 1 point- 2 points more than 2 years)**

# Service to the Field

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## Networks:

- A. **Committee member for the National Coalition for Promoting Physical Activity, or another exercise science or sports – related organizations (in your own native country for international members) for at least two years (2 points)**
- B. **Committee member in a health related coalition or sports medicine organization of national or international scope for at least two years (2 points)**

# Service to the Field

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## Clinical and Lay Service:

- A. Team physician for any community, high school, collegiate or professional athletic team, or performance organization for a period of at least three years (6 points)
- B. Physician for any health related or sports medicine national or international organization for a period of at least three years (3 points)
- C. Presented a lecture to the lay public on a health related issue (1 point per talk – max 4 points)

# Service to the Field

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## Clinical and Lay Service:

- D. Conducted tutorials/grand round lectures related to exercise science or sports medicine in a clinical educational setting (1 point – if more than one – 2 points)**
- E. Established a permanent community educational service in exercise science or sports medicine (e.g. – a television program, newsletter, educational programs at medical clinics) (3 points)**

# Application Process

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- 1. Email the completed application form, curriculum vitae, all supporting materials and \$25 processing fee by either the February 1 or August 1 deadline**
- 2. Ensure recommendation forms from 2 current ACSM Fellows are submitted to ACSM**
- 3. ACSM Staff reviews application to ensure it is complete**



# Application Process

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4. **ACSM Credentials Committee (comprised of ACSM Fellows) evaluates the applications and makes recommendations to the ACSM Board of Trustees**
5. **Final approval is provided by the ACSM Board of Trustees**
6. **All applicants are notified of their status**

# What Matters Most

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1. **Strength and enthusiasm of the recommendations written by the two Fellow endorsers**
2. **Significance, quality and range of service over time to ACSM**
3. **Quality of research as reflected in professional publications, particularly in the four first-author papers submitted with the application for Research Pathway candidates**

# THANK YOU!

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Application available at  
[www.acsm.org/fellowship](http://www.acsm.org/fellowship)

*Questions?*  
Contact Heather Drake  
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317-637-9200 X135