

For information on submitting Research Grant applications and Abstracts, click on the Student Awards tab on the RMACSM.org website.

Rocky Mountain Chapter— American College of Sports Medicine

RMACSM Annual Meeting Brochure

March 27-28, 2015

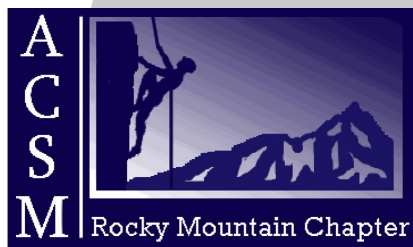
Marriott Springhill Suites

1190 Auraria Parkway, Denver, Colorado 80204

Phone: 303-705-7300

Toll Free: 888-236-2427

A limited number of rooms are being held at the rate of \$129/room. Call now to make reservations—to receive the special rate, let them know you are with RMACSM.

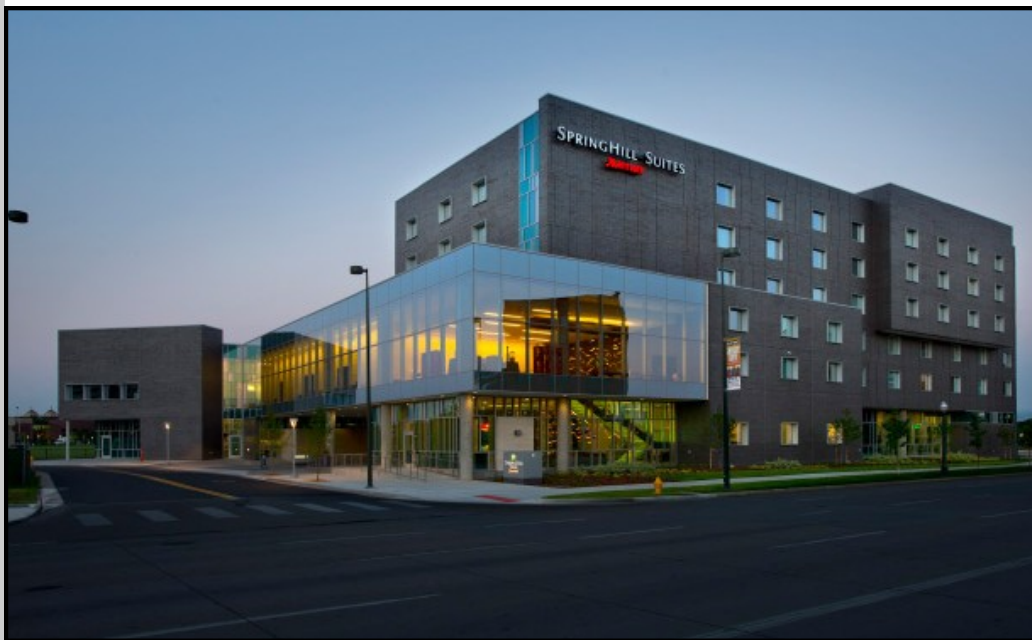


Students who want to volunteer at the meeting should contact: Rose Steen at rjsteen2009@gmail.com

To Register: visit the RMACSM.org website or register at the door.

To join ACSM: Acsm.org—click on Join ACSM

7.5 CEU credits will be granted to those attending



Registration Fees:

Professional ACSM Members: \$80.00

Professional Non-ACSM: \$130.00

Student ACSM Members: \$40.00

Student Non-ACSM: \$60.00

Schedule of Events

Friday, March 27th

11:00 AM—1:00 PM	Registration	
1:00 PM—1:15 PM	Welcome and Introduction of the Board	Enette Larsen and Melissa Benton
1:15 PM—2:15 PM	Keynote: “Dysfunctional Muscle in Aging, Obesity, and Neuromotor Disabilities: Unraveling Cause from Consequence” by Mark D Peterson, PhD, University of Michigan	
2:15 PM—3:15 PM	Gatorade Lecture: “Small Changes, Big Rewards: Strategic Communication for Physical Activity” by Dixie Stanforth, PhD, University of Texas—Austin	
3:15 PM—3:30 PM	Break	
3:30 PM—4:20 PM	2014 Grant Winner Presentations	
4:30 PM—6:30 PM	Opening Reception and Poster Judging (Students remain by their posters as follows: Odd numbers from 4:30—5:30 PM, Even number posters from 5:30—6:30 PM)	
6:45 PM	RMACSM Dinner get-togethers—complete information at registration	

Saturday, March 28th

6:45 AM—7:45 AM	Physical Activity Session—(optional) with Mike Brown, MED—Your Movement Health! Boulder, CO—come dressed to exercise!	
8:00 AM—8:30 AM	RMACSM Business Meeting	Board Members
8:30 AM—8:45 AM	Announcements and Introduction of New Board Members and Poster Winners	
8:45 AM—9:45 AM	ACSM Certification: “The Basics” (speakers TBA)	
9:45 AM—10:45 AM	Fellow’s Lecture: “Muscle Activation and Health: Avoiding the Dangers of Too Much Sitting” by William Byrnes, PhD, University of Colorado at Boulder	
10:45 AM—11:00 AM	Break	
11:00 AM—Noon	Past President’s Lecture: “Physiologic Response to Exercise Training Among Cancer Survivors” by Scott Drum, PhD, Northern Michigan University	
Noon—12:45 PM	Box Lunches and presentation by Tim Behrens, PhD, CHES, FACSM University of Colorado “ACSM Fellowship Opportunities”	

Track #1

Track #2

1:00 PM—1:40 PM	“Implications of a Vegan Diet for Athletic Performance” by Andrea Gorman, PhD, RD, Rocky Mountain University of Health Professions	“Optimizing Design of the Exercise Drug for Cardiometabolic Health” by Barry Braun, PhD, Colorado State University
1:45 PM—2:25 PM	“Stability, Mobility and Movement Training for Law Enforcement Officers” by Jay Dawes, PhD University of Colorado at Colorado Springs	“Capsaicin Fuels a Fire in Fat: A Novel Approach to Counteract Obesity” by Baskaran Thyagarajan, PhD, University of Wyoming
2:30 PM—3:10 PM	“Exercise Therapy for Peripheral Artery Disease” by Mark Patterson, MEd, RCEP Kaiser Permanente of Colorado	“Use of Skeletal Muscle Ultrasound to Measure Skeletal Muscle Glycogen” by Inigo San Millan, PhD, University of Colorado at Denver
3:10 PM—3:30 PM	Break	
3:30 PM—4:00 PM	Student Bowl	
4:00 PM—4:30 PM	Winning Student Poster Presentations	
4:30 PM	Closing Remarks and Farewell	